



## PATIENT AND CLINIC INFORMATION Referral Form

Patient Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_ Age: \_\_\_\_\_

Patient's Phone Number: \_\_\_\_\_ Patient's Email: \_\_\_\_\_

Referring Provider (Check One):  Primary Care Provider  Mental Health Provider

Referring Provider Practice Address: \_\_\_\_\_

Phone Number: \_\_\_\_\_ Fax Number: \_\_\_\_\_

Mental Health Provider's Clinical Email Address: \_\_\_\_\_

*(If you'd like updates on your patient's progress – please provide an email address!)*

### KETAMINE THERAPY OPTIONS

#### Requested Therapy (check all that apply):

- IV Ketamine Therapy for Treatment Refractory Depression
  - (Intravenous) 0.5-1.0 mg/kg IV over 40 minutes
- Spravato™ (esketamine) Therapy for Treatment Refractory Depression
  - (Intranasal) 56 mg and 84 mg doses (Ages > 18 only)

#### Depression Diagnosis (with ICD-10 Code):

- Major Depressive Disorder, single episode, mild (F32.0)
- Major Depressive Disorder, single episode, moderate (F32.1)
- Major Depressive Disorder, single episode, without psychotic features (F32.2)
- Major Depressive Disorder, single episode, unspecified (F32.9)
- Major Depressive Disorder, recurrent, Mild (F33.0)
- Major Depressive Disorder, recurrent, moderate (F33.1)
- Major Depressive Disorder, recurrent, severe without psychotic features (F33.2)
- Major Depressive Disorder, recurrent, unspecified (F33.9)
- Other diagnosis: \_\_\_\_\_



### PATIENT DEPRESSION HISTORY

**\*\*\*Along with this completed referral, please fax us copies of the last **three** clinic notes and complete medication records, including past and current medications. \*\*\***

Length of current depressive episode: \_\_\_\_\_

Is the depression treatment refractory?  **YES**  **NO**

Current Symptoms: \_\_\_\_\_

History of or Current Substance Abuse Disorder?  **YES**  **NO**

\*\*If yes, list the disorder and any other pertinent details (e.g. treatment course/plan, current management, length of remission, etc.): \_\_\_\_\_

Is the patient currently experiencing suicidal ideation with intent as defined by having **BOTH**:

- 1.) Thoughts, even momentarily, of self-harm with at least some intent or awareness that they may die as a result, or the patient thinks about suicide, **AND** 2.) The patient intends to act on thoughts of killing themselves.  **YES**  **NO**

Has the patient attempted suicide in the past?  **YES**  **NO**

Is the patient currently taking anti-depressants?  **YES**  **NO**

History of psychosis? (If yes, provide details):  **YES**  **NO**

Current antidepressant medications and augmenting agents, dosages, and start of therapy:

1. \_\_\_\_\_

2. \_\_\_\_\_

3. \_\_\_\_\_

4. \_\_\_\_\_

**Any Known Allergies:** \_\_\_\_\_

Have the medications been effective in reducing depression symptoms?  **YES**  **NO**

If the pt. is NOT currently taking any anti-depressants, have they taken them before?  **YES**  **NO**



Please provide a list of **previously used antidepressant medications and augmentation therapies, including dates of use/start and stop dates**, that were ineffective in treating depression.

1.	4.
2.	5.
3.	6.

Does the patient have a history of any contraindications to ketamine/esketamine therapy, to include **blood vessel (aneurysmal vascular) disease** (including in the brain, chest, abdominal aorta, arms and legs), an abnormal connection between their veins and arteries (**arteriovenous malformation, or “AVM”**), a history of **bleeding in the brain**, or an **allergic reaction** to ketamine/esketamine?  **YES**  **NO**

If so, please list: \_\_\_\_\_

Any other notes about the patient's history of depression:

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Based on my patient's current diagnosis of treatment-refractory major depressive disorder, I request that my patient be evaluated and, if appropriate, receive the selected ketamine therapy option indicated on page one.

*(We do not accept verbal orders. Form must be signed by the referring provider.)*

Referring Provider Name and Title: \_\_\_\_\_

Signature: \_\_\_\_\_

Date: \_\_\_\_\_

**HOW WOULD YOU PREFER TO RECEIVE PATIENT UPDATES (CIRCLE ONE):  FAX  EMAIL**

**\*\*REMINDER\*\*** If you would like to receive updates on your patient via email, please provide a valid email address on the first page of this referral form!